



MATI CLUBS

STRIPES ON THE BELT REPRESENT THE FOLLOWING:

BLUE= KICKS

WHITE= BLOCKS/ STANCES/ STRIKES

RED= KATA

GREEN= FORMAL TECHNIQUES

BLACK= CONDITIONING

ORANGE= ROLLS/ FALLS

YELLOW= 1ST DAY NEW STUDENT/ 3 RULES OF CONCENTRATION/
LITTLE DRAGON'S PROMISE/ POLITE GREETING/ STUDENT CREED/
BLACK BELT OATH

BROWN= HISTORY

PURPLE= INFORMALS (ADULT CLASS)